



THE CONSORTIUM

SIXTH FORM COLLEGE

LEVEL 2 AWARD IN SPORTS LEADERSHIP

This course is attractive to students who:

- Have an interest and enthusiasm for sport and physical activity.
- Want to develop their leadership skills such as organisation, communication and teamwork, as well as build confidence and self-esteem through the leading of small games and activities to peers, younger students and within the local community.

UNITS AND ASSESSMENT

- **Unit 1: Building leadership skills** - You will gain an understanding of the skills and behaviours needed for effective leadership, the importance of leadership skills and behaviours in a range of situations, be able to manage the development of own leadership skills and be able to take on the roles and responsibilities of a Sports Leader.
- **Unit 2: Plan, lead and evaluate sport/physical activity sessions** - You will gain an understanding of how to plan and then lead structured, inclusive and safe sport/physical activity sessions and then evaluate these sessions. You will be required to plan, lead and evaluate 2 x 20 minute sessions.
- **Unit 3: Assist in planning and leading a sports/physical activity event** - You will gain an understanding of the different types of sports/physical activity events, be able to assist in planning a sports/physical activity event and then assist in leading this event and then evaluate this event.
- **Unit 4: Lead sport/physical activity sessions in your community** - You will be able to lead sport/physical activity sessions in your community which make up a minimum of 5 hours evidencing this within a leadership log.

Sports Leaders have provided an easy to use Learner Evidence Record (LER) for this qualification. The LER is mandatory and uses the following assessments:

- Practical observation of sessions taught and events lead
- Assessment of written tasks (task worksheets provided in the LER)
- Plans and evaluations completed during the course

WHAT ARE THE BENEFITS

Progression on to completing a Level 3 Community Sports Leadership qualification

Future opportunities for employment in the sector could include teaching, sport event management, leisure centre assistant, personal trainer, children's activity camps.

Future opportunities to follow sports related courses at university or college include sports science, sports therapy, sports coaching, sport business management and teacher training.